

UnitedHealthcare-approved professional society guidelines

UnitedHealthcare Community Plan has identified evidence-based clinical guidelines and resources to guide our quality and health management programs. The following table lists those clinical guidelines and the websites where they can be found. UnitedHealthcare Community Plan respects the expertise of physicians and other health care professionals who participate in our network. We appreciate our collaboration and promote better health, improve health outcomes and lower overall costs to offer our members an exceptional patient experience.

If you have questions, please contact your Physician Advocate or refer to the member's identification card. Thank you.

Topic	Link to guideline	Organization name
Acute Myocardial Infarction <i>With</i> ST Elevation	2013 ACC/AHA Guideline for the Management of ST-Elevation Myocardial Infarction	American College of Cardiology/ American Heart Association
	2015 ACC/AHA/SCAI Focused Update on Primary Percutaneous Coronary Intervention for Patients With ST-Elevation Myocardial Infarction	American College of Cardiology/ American Heart Association/Society for Cardiovascular Angiography and Interventions
Acute Myocardial Infarction <i>Without</i> ST Elevation	2014 AHA/ACC Guideline for the Management of Patients With Non-ST-Elevation Acute Coronary Syndromes	American College of Cardiology/ American Heart Association
Asthma	2020 Global Initiative for Asthma (GINA)	Global Initiative for Asthma (GINA)
Atrial Fibrillation	2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation	American Heart Association/American College of Cardiology/Heart Rhythm Society
	2019 AHA/ACC/HRS Focused Update of the 2014 AHA/ACC/HRS Guideline for the Management of Patients With Atrial Fibrillation	

Topic	Link to guideline	Organization name	
Behavioral Health Clinical Practice Guidelines	American Academy of Child and Adolescent Psychiatry (AACAP) Practice Parameters	American Academy of Child and Adolescent Psychiatry	
	Assessment and Treatment of Children and Adolescents With Anxiety Disorders (2020)		
	Autism (2014)		
	Eating Disorders (2015)		
	Principles of Care for Treatment of Children and Adolescents With Mental Illnesses in Residential Treatment Centers (2010)		
	Reactive Attachment Disorders (2016)		
	Telepsychiatry With Children and Adolescents (2017) American Academy of Pediatrics (AAP) Clinical Practice Guidelines		American Academy of Pediatrics
	Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (2019)		
	Identification, Evaluation, and Management of Children With Autism Spectrum Disorder (2020)		American Psychiatric Association
	American Psychiatric Association (APA) Clinical Practice Guidelines		
Pharmacological Treatment of Patients With Alcohol Use Disorder (2018)			
Psychiatric Evaluation of Adults (2015) Treatment of Patients With Schizophrenia (2021)			
Use of Antipsychotics to Treat Agitation or Psychosis in Patients With Dementia (2016)			

Topic	Link to guideline	Organization name
Behavioral Health Clinical Practice Guidelines (cont.)	American Psychological Association (APA) Clinical Practice Guidelines	American Psychological Association
	Psychological Assessment and Evaluation (2020) Treatment of Depression Across Three Age Cohorts (2019)	
	Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (2017)	
	American Society of Addiction Medicine (ASAM)	American Society of Addiction Medicine
	Alcohol Withdrawal Management (2020)	
	Treatment of Opioid Use Disorder (2020) Substance Abuse and Mental Health Services Administration (SAMHSA)	Substance Abuse and Mental Health Services Administration
	Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents (2019)	
	National Guidelines for Behavioral Health Crisis Care Toolkit (2020)	
	Treatment Improvement Protocol 63: Medications for Opioid Use Disorder (2020 Update)	
	U.S. Department of Veterans Affairs/Department of Defense (VA/DoD) Clinical Practice Guidelines	U.S. Department of Veterans Affairs/Department of Defense (VA/DoD)
Assessment and Management of Patients at Risk for Suicide (2019)		
Major Depressive Disorder (2016)		
Posttraumatic Stress Disorder (PTSD) (2017)		
Substance Use Disorder (2015)		
Cardiovascular Disease: Lifestyle Management to Reduce Cardiovascular Risk	2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk	American College of Cardiology/ American Heart Association

Topic	Link to guideline	Organization name
Cardiovascular Disease: Primary Prevention	2019 ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease	American College of Cardiology/ American Heart Association
Cervical Cancer Screening	2018 Cervical Cancer: Screening – Final Recommendation Statement	U.S. Preventive Services Task Force (USPSTF)
Cholesterol Management	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol	American Heart Association/American College of Cardiology, et al.
Chronic Obstructive Lung Disease (COPD)	2021 Global Strategy for the Diagnosis, Management and Prevention of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)
Dementia	Treatment of Patients With Alzheimer’s Disease and Other Dementias, 2nd edition (2007) Guideline Watch (October 2014)	American Psychiatric Association (*documents load without logging in)
Diabetes	2021 Standards of Medical Care in Diabetes	American Diabetes Association
Dietary Guidelines	Dietary Guidelines for Americans, 2020-2025, Ninth Edition	U.S. Departments of Agriculture (USDA) and Health and Human Services (HHS)
Heart Failure	2013 ACC/AHA Guideline for the Management of Heart Failure 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACC/AHA Guideline for the Management of Heart Failure 2017 ACC/AHA/HFSA Focused Update of the 2013 ACC/AHA Guideline for the Management of Heart Failure	American College of Cardiology/ American Heart Association American College of Cardiology/American Heart Association/Heart Failure Society of America
Hemophilia	Guidelines for the Management of Hemophilia, 3rd edition (2020)	World Federation of Hemophilia
Human Immuno-Deficiency Virus (HIV)	AIDS Info: Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV AIDS Info: Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents With HIV	U.S. Department of Health and Human Services/ HIV Medical Association of the Infectious Diseases Society of America

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Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults	American College of Cardiology/ American Heart Association, et al.
Kidney Disease	National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™	National Kidney Foundation
Obesity	2020 VA/DoD Clinical Practice Guideline for the Management of Adult Overweight and Obesity	U.S. Department of Veterans Affairs/ Department of Defense
	Bright Futures, 4th edition, 2017 Guidelines for Health Supervision of Infants, Children, and Adolescents_Promoting Healthy Weight – p. 151	American Academy of Pediatrics
Perinatal Care	Guidelines for Perinatal Care, 8th edition, 2017	American Academy of Pediatrics and American College of Obstetricians and Gynecologists Note: A user ID and password may be required to access this resource. Log-in ID (Institution): cpgacog@uhc.com Password: Acogcpg#1 Alternatively, the book can be purchased from the American Academy of Pediatrics website.
	Society for Maternal-Fetal Medicine (SMFM) Clinical Guidelines	Guidelines are searchable by topic
Physical Activity	2018 Physical Activity Guidelines for Americans, 2nd edition	U.S. Department of Health and Human Services
Preventive Pediatric Health Care Screening	2021 Recommendations for Preventive Pediatric Health Care	American Academy of Pediatrics/Bright Futures
Preventive Services	Recommendations for Primary Care Practice	U.S. Preventive Services Task Force (USPSTF)
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)
	Surviving Sepsis Campaign: International Guidelines for Management of Sepsis and Septic Shock 2016	Surviving Sepsis Campaign/Society of Critical Care Medicine

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Stable Ischemic Heart Disease	2012 Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease 2014 ACC/AHA/AATS/PCNA/SCAI/STS Focused Update of the Guideline for the Diagnosis and Management of Patients With Stable Ischemic Heart Disease	American College of Cardiology/American Heart Association, et al.
Tobacco Use	2018 Expert Consensus Decision Pathway on Tobacco Cessation Treatment	American College of Cardiology
Violence and Abuse	2016 AMA Code of Medical Ethics Section 8.10 Preventing, Identifying and Treating Violence and Abuse	American Medical Association Note: Full guideline is freely available, but registration may be required.